

SERVING OUR COMMUNITY FOR 45 YEARS...

WE HAVE DELIVERED OVER
6.8 MILLION
MEALS SINCE OUR FOUNDING
ON FEBRUARY 1, 1971.

OUR MISSION

We enhance the wellness and independence of adults, who are primarily homebound, by providing nutritious meals and supportive services.

2015 BOARD OF DIRECTORS

- Sheila C. Berg (2010-2015)
- Kelly Blanar (2012-2017)
- Joel D. Cook (2014-2019)
- Michael J. Daley (2015-2020)
- Sarah Garon (2014-2019)
- Elissa A. Graner (2014-2019)
- Brooke A. Griffiths (2014-2019)
- Mary Kay Grim (2013-2018)
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- Pamela Koons-Hartnett (2014-2019)
- Pamela Lackman (2013-2018)
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- Joy Buckley Reed (2012-2017)
- Michael A. Santanasto (2012-2017)
- Robert Sharpe (2012-2017)

Pamela S. Bechtel, *Executive Director*

THANK YOU TO THE MAJOR SPONSORS OF OUR EVENTS: (\$500 AND UP)

- | | | |
|--|--|----------------------------|
| Aesculap, Inc. | HCSC Enterprises | PBS 39 |
| Air Products & Chemicals | The Hartford | Olympus |
| Allentown Ear, Nose & Throat | Doug & Mary Anne Johnson | People First FCU |
| Aurora Specialties, Inc./
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the LV Community Foundation | Party Tents by Marty |
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| Barre 3 Allentown | Law Office of Michael Santanasto | The Pidcock Company |
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| CrossAmerica Partners | The Morning Call | Larrie & Judy Wood Sheftel |
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| Joe Fenstermacher | Scott Family of Dealerships | Top Star, Inc |
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2015 AT A GLANCE

167,927 meals were delivered | **90%** needed meals subsidized
126,629 volunteer visits were made to clients
33 delivery routes | **450** clients served each day
69% of clients were age 75 or over

66 volunteers
needed every day

39,300 hours
donated by volunteers

912
total number of volunteers

\$615,000
had to be raised from donations,
fund-raising events and grants

1,200
emergency food bags provided to use
when we couldn't deliver meals



JUNE AND HER SHOPPER, JENNY

MEALS ON WHEELS OF LEHIGH COUNTY



ANNUAL REPORT 2015

TRANSFORMING LIVES...
ONE MEAL
ONE SMILE
ONE PERSON
AT A TIME

Nourishing Body and Soul Since 1971



FOR MORE INFORMATION AND LIST OF OUR DONORS, GO TO: www.mealsonwheelslc.org



MEALS ON WHEELS OF LEHIGH COUNTY 4234 Dorney Park Road, Allentown, PA 18104-5727

610.398.2563



FROM THE EXECUTIVE DIRECTOR

A KNOCK ON THE DOOR, A NUTRITIOUS MEAL AND HUMAN CONNECTION. THAT IS THE MAGIC OF MEALS ON WHEELS.

If you're wondering how your donation impacts the lives of the people we serve, just read the results of our client survey ... and feel good knowing that you're helping.

As you can see, your gift is giving our clients a gift. Many clients say they would never have a hot meal without Meals on Wheels. One woman says the weekends are long. She loves when Monday comes so she can see the volunteers again.

Clients may have limited vision, heart disease, breathing issues, arthritis and pain, but with Meals on Wheels they feel safer, healthier, less isolated and worry less. Lorraine said, "I have peace of mind." There's a lot to be said for that.

Your donation is making a difference. Along with the time and care that our volunteers devote, Meals on Wheels can transform lives...one knock, one meal one moment of human connection at a time. THANK YOU!

Pamela Bechtel
Pamela Bechtel, Executive Director

By including Meals on Wheels in your will or other estate instruments, you will assure that our community's homebound neighbors receive the nutritious meals they need to maintain their health and independence.

LEAVE A LEGACY

CALL MICHELE GRASSO, Development Director at 610.841.7023 for information.

THANK YOU.

How your support provided nutrition and independence

98%
OF THE CLIENTS SAID THAT OUR PROGRAM IS HELPING THEM TO LIVE INDEPENDENTLY IN THEIR OWN HOME

95%
SAID THAT ON A TYPICAL DAY MEALS ON WHEELS PROVIDED THEM WITH THEIR MAIN SOURCE OF FOOD

78%
SAID THEY FEEL BETTER SINCE RECEIVING MEALS ON WHEELS

89%
FELT THAT THEIR NUTRITION IMPROVED

89%
BELIEVE THEY ARE EATING HEALTHIER FOODS

93%
LIKE THAT SOMEONE IS CHECKING ON THEM

44%
WOULD HAVE TO SKIP MEALS IF THEY DID NOT RECEIVE MEALS ON WHEELS

43%
SAID THAT ON A TYPICAL DELIVERY DAY, THE VOLUNTEER IS THE ONLY PERSON THEY SEE

27%
SAID THAT IN A TYPICAL WEEK, THE VOLUNTEER IS THE ONLY PERSON THEY SEE

CLIENT SPOTLIGHTS



VOLUNTEER ED KAZMER AND JUAN BLANCO

89-YEAR-OLD JUAN BLANCO worked in the post office in Cuba for 28 years before moving here in 1970. In Cuba, it was hard to get food. Each family had a little book that showed how much and what kind of food they were allowed to have. There was never enough to eat. A relative in Easton encouraged him to move here to have a better life.

He worked in a weaving factory and then later at a metal manufacturing company. He raised his daughter and son by himself after his wife passed away in 1978. Both children have good careers. He lives with his granddaughter who works full-time and has school-aged children.

When asked about the meals at Meals on Wheels, he says "muy bien." Very good. Beef and fish are his favorite. He says the volunteers are his friends. He greets them with a handshake and jokes with them. They have a good laugh—it brightens his day.



ANNA WECHSLER

ANNA WECHSLER is a lifelong resident of Coplay who will turn 100 in November! Her mother died when Anna was 2 years old from a flu epidemic. For two years, Anna and her two sisters were shuffled between different family members until her father remarried. Anna worked in various sewing machine factories making men's and women's clothes. Her husband worked nights at the A&B meat packing plant. He took care of their six children during the day, while Anna worked. Two of Anna's children are deceased, but the other four take turns helping her so she can stay in her home. Anna was the one who decided she wanted Meals on Wheels so that her children didn't have to worry about cooking for her. "Friends ask me if I like the service and I tell them I really do! The volunteers are all so nice. I really like seeing them."

1,162
GROCERY SHOPPING TRIPS MADE FOR CLIENTS

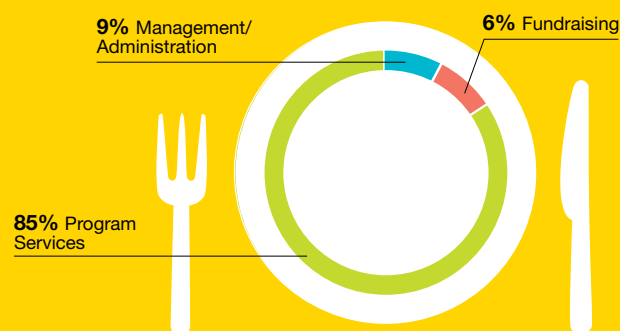
SERVED 874
UNDUPLICATED CLIENTS

PROVIDED PET FOOD, LITTER AND HELPED WITH VET BILLS FOR 60 CLIENTS' PETS

HOW IS YOUR MONEY USED?

2015 Expenses

Management and General	\$136,247.00
Program Services	\$1,320,551.00
Fundraising	\$88,835.00
TOTAL	\$1,545,633.00



2015 Income*

Client Fees	\$467,969.00
In-Kind & Misc.	\$64,041.00
Government Contracts	\$317,442.00
Contributions	\$294,307.00
Grants	\$225,566.00
Special Events	\$71,094.00
Investment Income	\$29,864.00
TOTAL	\$1,470,283.00

*Operating income excludes investment gains and losses.

